

## PAPER WEIGHT EQUIVALENCY

Paper Grade (Basic size in inches)	Text (lb.)	Bond (lb.)	Cover (lb.)	Bristol (lb.)	Index (lb.)	Tag (lb.)	METRIC Equivalent (gsm)	Approximate Caliper Range*
<b>Text/Offset/Book</b> (25" x 38")	<b>30</b>	12	16	20	25	27	44	2.0 - 3.0 pt.
	<b>40</b>	16	22	27	33	36	59	3.0 - 3.5 pt.
	<b>45</b>	18	25	30	37	41	67	3.0 - 3.6 pt.
	<b>50</b>	20	27	34	41	45	74	3.6 - 4.0 pt.
	<b>60</b>	24	33	40	49	55	89	4.0 - 5.0 pt.
	<b>70</b>	28	38	47	57	64	105	5.0 - 5.5 pt.
	<b>80</b>	31	44	54	65	72	118	6.0 - 6.5 pt.
	<b>90</b>	35	49	60	74	82	133	6.5 - 7.0 pt.
<b>100</b>	39	55	67	82	91	148	7.5 - 8.0 pt.	
<b>120</b>	47	66	80	98	109	178	8.0 - 9.0 pt.	
<b>Bond</b> (17" x 22")	33	<b>13</b>	18	22	27	30	49	2.0 - 3.0 pt.
	41	<b>16</b>	22	27	33	37	61	3.0 - 3.5 pt.
	43	<b>17</b>	24	29	35	39	64	3.0 - 3.5 pt.
	51	<b>20</b>	28	34	42	46	75	3.5 - 4.0 pt.
	61	<b>24</b>	33	41	50	56	90	4.5 - 5.0 pt.
	71	<b>28</b>	39	48	58	64	105	5.0 - 5.5 pt.
	81	<b>32</b>	45	55	67	74	120	6.0 - 6.5 pt.
	91	<b>36</b>	50	62	75	83	135	6.5 - 7.0 pt.
	102	<b>40</b>	56	69	83	93	151	7.5 - 8.0 pt.
<b>Cover</b> (20" x 26")	91	36	<b>50</b>	62	75	82	135	5.0 - 6.0 pt.
	110	43	<b>60</b>	74	90	100	163	6.0 - 8.0 pt.
	119	47	<b>65</b>	80	97	108	176	8.0 - 10.0 pt.
	146	58	<b>80</b>	99	120	134	216	8.0 - 10.0 pt.
	164	65	<b>90</b>	111	135	149	243	8.0 - 11.0 pt.
	183	72	<b>100</b>	124	150	166	271	9.0 - 13.0 pt.
<b>Bristol</b> (22-1/2" x 28-1/2")	100	39	54	<b>67</b>	81	91	148	8.0 - 9.0 pt.
	120	47	65	<b>80</b>	98	109	178	9.0 - 10.0 pt.
	148	58	81	<b>100</b>	121	135	219	10.0 - 12.0 pt.
	176	70	97	<b>120</b>	146	162	261	11.0 - 13.0 pt.
	207	82	114	<b>140</b>	170	189	306	13.0 - 15.0 pt.
	237	93	130	<b>160</b>	194	216	351	15.0 - 17.0 pt.
<b>Index</b> (25-1/2" x 26-2/3")	110	43	60	74	<b>90</b>	100	163	7.0 - 8.0 pt.
	135	53	74	91	<b>110</b>	122	203	9.0 - 11.0 pt.
	170	67	93	115	<b>140</b>	156	253	11.0 - 13.0 pt.
	208	82	114	140	<b>170</b>	189	328	15.0 - 17.0 pt.
<b>Tag</b> (24" x 36")	110	43	60	74	90	<b>100</b>	163	7.0 - 8.0 pt.
	137	54	75	93	113	<b>125</b>	203	8.0 - 10.0 pt.
	165	65	90	111	135	<b>150</b>	244	10.0 - 12.0 pt.
	192	76	105	130	158	<b>175</b>	284	13.0 - 14.0 pt.
	220	87	120	148	180	<b>200</b>	326	12.0 - 15.0 pt.
	275	109	151	186	225	<b>250</b>	407	15.0 - 18.0 pt.

\* Caliper varies by paper manufacturer.

**Note:** Calipers for Uncoated Papers tend to be higher than those of equivalent-weight Coated Papers.